

COUNSELING

Counseling services are available on a temporary basis to all LSSC students through the Student Assistance Program (SAP).

LSSC offers two counseling support options:

- **24/7 Online Support:** Enrolled students over the age of 18 can access virtual counseling through our partnership with BetterMynd.
- **Face-to-Face Counseling:** All enrolled students, including dual enrollment students and those under 18, can receive in-person counseling through our partnership with LifeStream.

Click here (<https://www.lssc.edu/student-resources/student-assistance-program/>) to learn more about the SAP and how to access these services.